



offering workshops and speeches
for a better understanding of
trauma and addiction

come and sit together...

“ Tomorrow Does Not Exist ”

A one day workshop in Hamilton on trauma, loss, unresolved grief and helping your clients get **unstuck**.

Do You See People That Are *Inexplicably Stuck* With Addiction, Housing, Employment Or Other Issues ??
Or People That Are Unaccountably And Perpetually *Angry* ??

Do You Feel Frustrated And Wish You Had Ways To Help Them *Get Unstuck* ??

Gather A Deep Understanding of The Role Of Trauma And Loss In Your Clients For Whom “*Tomorrow Does Not Exist*”

Learn Safe, Productive Ways To Move Ahead.

Friday, August 27th, 2010
8:30 a.m – 4:00 p.m.
Hamilton, ON (map on website)
\$140 + hst (includes lunch & parking)

*“ For the past 14 years I did not understand
my clients’ anger or self destructive
behaviour. And now ... I do.”*
Bruce, CMHA Brant, after the HeartSet

A Dynamic Blend Of Reflective Experiences, Room Discussion And Delivery of Tools

To Register visit www.cast-canada.ca

Morning: The “HeartSet Exercise” - *Exploration And Experiential Exercise*

- The heartset is a profound and moving exercise “ *It touches your soul!*”
- Gather a deep, intuitive understanding of the client who is paralyzed
- Shift your expectations and definition of what ‘*progress*’ might be.

Afternoon: Practical Tools – Lecture and Discussion

“ Concrete - Easy to remember - Easy to use – Holistic - Helpful – Respectful ” (from evaluations)

- How to *identify* clients for whom “*Tomorrow Does Not Exist*”
- How to *talk* to a client for whom *Tomorrow Does Not Exist* without causing anxiety
- How to *move ahead* safely, identify successes and

At the end of the day you will have more **hope, focus, skill and patience**

Who Should Attend?

Any frontline worker or helping professional whose works with clients with addiction and/or trauma issues. The day is popular with shelter and housing support workers, O.W. , ODSP and Children's Aid workers, therapists, counselors, correctional, probation and parole officers, professors and students, EAP professionals, all hospital staff, all outreach, educators, occupational therapists, emergency room social workers

The Organic Origin of the "Practical Tools"

Over the last 6 years CAST Canada has held more than 60 Consumer Panel discussions. Over 2,000 Ontario frontline workers worked directly with CAST Canada volunteer consumers to identify this concept of “*Tomorrow Does Not Exist*” and worked together to develop the tools from the positive experience of the consumers.

PARTICIPATION LIMITED TO 44 PEOPLE

IN-HOUSE SESSIONS AVAILABLE

To Register go to www.cast-canada.ca click on Tomorrow Does Not Exist

Questions? regehr@cast-canada.ca or 1-705-749-6145